



CORE TOPICS Nottingham

Friday 16 June 2023

Organisers: Drs Mark Barley and William Rattenberry, Nottingham

Location: [Crowne Plaza Nottingham](#)

Programme

08:45 Registration / tea and coffee

09:25 Welcome and introduction
Drs Mark Barley and William Rattenberry, Nottingham

Session 1

09:30 All aboard the peri-operative train – destination unknown?
Dr Rebecca Barker, Nottingham

10:00 Maternity in crisis: key information for the anaesthetist on the labour suite
Dr Arani Pillai, Nottingham

10:30 Questions and answers

10:45 Tea and coffee

Session 2

11:15 Paeds for non-paediatric anaesthetists
Dr Tom Blanks, Leicester

11:45 Regional analgesia for rib fractures – what's the evidence?
Dr David Hewson, Nottingham

12:15 Questions and answers

12:30 Lunch

Session 3

13:30 Chronic pain: an update on recent developments
Dr Madan Thirugnanam, Derby

14:00 Current concepts in the peri-operative management of diabetes
Dr Nicholas Levy, West Suffolk

14:30 Post-thyroidectomy haematoma
Mr Neeraj Sethi, Nottingham

15:00 Questions and Answers

15:15 Tea and Coffee

Session 4

15:45 Initial management and transfer of the brain injured patient
Dr Sally Hancock, Nottingham

16:15 Anaesthetic considerations in spinal surgery for non-spinal anaesthetists
Dr Helen Fenner, Nottingham

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16:45 **Questions and Answers**

17:00 **Close Meeting**

Questions can be asked live or online via “Slido”, please scan the QR code below. The code is **#CTNottingham**



Learning Objectives

All aboard the peri-operative train – destination unknown?

Dr Rebecca Barker, Nottingham

- Effective waiting (preparation) list prioritisation
- Importance of early optimisation of patients
- Innovative ways to develop optimisation pathways
- Personalised care in perioperative management
- A note on health inequalities and considerations perioperatively

Maternity in crisis: key information for the anaesthetist on the labour suite

Dr Arani Pillai, Nottingham

1. Understand the pressures on UK maternity care
2. Review the anaesthetic implications of the Ockenden and Kirkup reports
3. Reflect on how maternity recommendations can be applied to other areas of practice
4. Consider how anaesthetists can instigate change

Chronic pain: an update on recent developments

Dr Madan Thirugnanam, Derby

Joint denervations, outlining Neuromodulation advances & Regenerative Medicine & future developments.

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Current concepts in the peri-operative management of diabetes

Dr Nicholas Levy, West Suffolk

1. Diabetes is the most common metabolic condition that affects surgical patients
2. Diabetes is a modifiable risk factor
3. Patients do better with integrated care pathways
4. Harm arises from
 - i. Hypoglycaemia
 - ii. Hospital acquired DKA
 - iii. Hyperglycaemia
 - iv. Drug errors
5. The primary aim is to prevent these causes of harm
6. Never deny T1DM patients insulin
7. Ensure drug reconciliation.
8. Aim for modification of normal diabetes medication.
9. Promote DrEaMing
10. Maintain CBG 6-10 mmol/l

Post-thyroidectomy haematoma

Mr Neeraj Sethi, Nottingham

To provide a grounding in the basics of thyroid surgery, highlighting the potential airway issues following thyroid surgery and also provide an understanding of the management of these airway issues

Neuro emergencies/update

Dr Sally Hancock, Nottingham

To become familiar with the most recent guidelines on the transfer of the brain injured patient
To understand the specifics of management of different types of brain injury
To appreciate the logistical requirements for the successful transfer of the brain injured patient

Anaesthetic considerations in spinal surgery for non-spinal anaesthetists

Dr Helen Fenner, Nottingham

Key objective for the presentation is to understand current concepts and practices in anaesthetics for spinal surgery for those who don't undergo spines anaesthetics in their job plan.